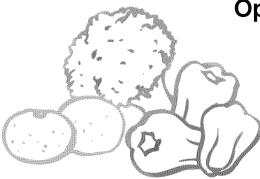


Safety Information

Installation and Grounding

Operation



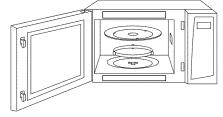


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# Operating Instructions Microwave Oven

# Models: NN-H665/SN667/ SN676/SN677



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READ ALL INSTRUCTIONS CAREFULLY BEFORE USING THE OVEN.

Para instrucciones en español, voltee el libro.

For assistance, please call	I: 1-800-211-PANA(7262)
or send e-mail to: consume	erproducts@panasonic.com
or visit us at www.panasor	nic.com

(U.S.A)

For assistance, please call: 787-750-4300 or visit us at www.panasonicpr.com

(Puerto Rico)

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# **Microwave Oven Safety**

# Your safety and the safety of others are very important.

We have provided important safety messages in this manual and on your appliance. Always read and obey all safety messages.



This is the safety alert symbol. It is used to alert you to potential hazards that can kill or hurt you and others. All safety messages will follow the safety alert symbol and either the word "DANGER", "WARNING" or "CAUTION". These words mean:

A DANGER

WARNING

**A**CAUTION

You can be killed or seriously injured if you don't immediately follow instructions.

You can be killed or seriously injured if you don't follow instructions.

You can be exposed to a potentially hazardous situation which, if not avoided, may result in minor or moderate injury.

All safety messages will tell you what the potential hazard is, tell you how to reduce the chance of injury, and tell you what can happen if the instructions are not followed.

# PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- (a) Do not attempt to operate this oven with the door open since open-door operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
- (b) Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- (c) Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the:
   (1) door (bent),
  - (2) hinges and latches (broken or loosened),
  - (3) door seals and sealing surfaces.
- (d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

# Thank you for purchasing a Panasonic Microwave Oven.

Your microwave oven is a cooking appliance and you should use as much care as you use with a stove or any other cooking appliance. When using this electric appliance, basic safety precautions should be followed, including the following:

# ▲ IMPORTANT SAFETY INSTRUCTIONS

# WARNING

—To reduce the risk of burns, electric shock, fire, injury to persons, or exposure to excessive microwave energy: Bead all instructions before using this appliance.

- 1. Read all instructions before using this appliance.
- Read and follow the specific "PRECAUTIONS TO AVOID POSSIBLE EXPO-SURE TO EXCESSIVE MICROWAVE ENERGY," found on the inside front cover.
- 3. This appliance must be grounded. Connect only to a properly grounded outlet. See "GROUNDING INSTRUCTIONS" found on page 4.
- 4. As with any cooking appliance, **DO NOT** leave oven unattended while in use.
- 5. Install or locate this appliance only in accordance with the installation instructions found on page 3.
- 6. **DO NOT** cover or block any openings on this appliance.
- DO NOT store this appliance outdoors. DO NOT use this product near water for example, near a kitchen sink, in a wet basement, or near a swimming pool or similar locations.
- 8. Use this appliance only for its intended use as described in this manual. **DO NOT** use corrosive chemicals, vapors, or non-food products in this appliance. This type of oven is specifically designed to heat, or cook food. It is not designed for industrial or laboratory use. The use of corrosive chemicals in heating or cleaning will damage the appliance and may result in radiation leaks.
- 9. When cleaning surfaces of the door and oven that come together on closing the door, use only mild, non-abrasive soaps or detergents applied with a sponge or soft cloth.
- 10. **DO NOT** allow children to use this appliance, unless closely supervised by an adult. **DO NOT** assume that because a child has mastered one cooking skill he/she can cook everything.
- 11. **DO NOT** operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped.
- 12. DO NOT immerse cord or plug in water.
- 13. Keep cord away from heated surfaces.
- 14. DO NOT let cord hang over edge of a table or counter.
- 15. This appliance should be serviced only by qualified service personnel. Contact the nearest authorized service center for examination, repair or adjustment.
- 16. Some products such as whole eggs with or without shell, narrow neck bottles and sealed containers—for example, closed glass jars—may explode and should not be heated in this oven.
- 17. To reduce the risk of fire in the oven cavity:
  - (a) **DO NOT** overcook food. Carefully attend appliance when paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.
  - (b) Remove wire twist-ties from paper or plastic bags before placing bag in oven.
  - (c) If material inside the oven ignites, keep oven door closed, turn oven off, and disconnect the power cord, or shut off power at the fuse or circuit breaker panel.
  - (d) **DO NOT** use the cavity for storage purposes. **DO NOT leave paper** products, cooking utensils or food in the cavity when not in use.

IMPORTANT SAFETY INSTRUCTIONS
 (continued)

## 18. Superheated Liquids

Liquids, such as water, coffee, or tea are able to be overheated beyond the boiling point without showing evidence (or signs) of boiling. Visible bubbling is not always present when the container is removed from the microwave oven. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A UTENSIL IS INSERTED INTO THE LIQUID.

To reduce the risk of injury to persons:

- (a) STIR THE LIQUID BOTH BEFORE AND HALFWAY THROUGH HEATING IT.
- (b) Do not heat water and oil, or fats together. The film of oil will trap steam, and may cause a violent eruption.
- (c) **DO NOT** use straight-sided containers with narrow necks.
- (d) After heating, allow the container to stand in the microwave oven for a short time before removing the container.
- 19. **DO NOT** cook directly on the turntable. It can crack, and cause injury or damage to the oven.

# WARNING

# TO AVOID THE RISK OF SHOCK:

**DO NOT** remove outer panel from oven. Repairs must be done only by a qualified service person.

# TO REDUCE THE RISK OF EXPOSURE TO MICROWAVE ENERGY:

**DO NOT** tamper with, or make any adjustments or repairs to Door, Control Panel Frame, Safety Interlock Switches, or any other part of oven, microwave leakage may result.

## TO AVOID THE RISK OF FIRE:

- 1. **DO NOT** operate the oven empty. The microwave energy will reflect continuously throughout the oven causing overheating and damage, if food or water is not present to absorb energy.
- 2. DO NOT store flammable materials next to, on top of, or in the oven.
- 3. **DO NOT** dry clothes, newspapers or other materials in the oven, or use newspaper or paper bags for cooking.
- 4. DO NOT hit or strike Control Panel. Damage to controls may occur.
- 5. **DO NOT** use recycled paper products unless the paper product is labeled as safe for microwave oven use. Recyled paper products may contain impurities which may cause sparking.

## TO AVOID THE RISK OF SCALDING:

**POT HOLDERS** should always be used when removing items from the oven. Heat is transferred from the HOT food to the cooking container and from the container to the Glass Tray. The Glass Tray can also be very HOT after removing the cooking container from the oven.

# SAVE THESE INSTRUCTIONS

For proper use of your oven, read remaining safety cautions and operating instructions.





# IMPORTANT SAFETY INSTRUCTIONS (continued)

# **Glass Tray**

- 1. **DO NOT** operate the oven without the Roller Ring and the Glass Tray in place.
- 2. DO NOT operate the oven without the Glass Tray fully engaged on the drive hub. Improper cooking or damage to the oven could result. Verify that the Glass Tray is properly engaged and rotating by observing its rotation when you press Start. Note: The Glass Tray can turn in either direction.
- 3. Use only the Glass Tray specifically designed for this oven. **DO NOT** substitute any other glass tray.
- 4. If the Glass Tray is hot, allow to cool before cleaning or placing in water.
- 5. **DO NOT** cook directly on the Glass Tray. Always place food in a microwave safe dish, or on a rack set in a microwave safe dish.
- 6. If food or utensil on the Glass Tray touches oven walls, causing the tray to stop moving, the tray will automatically rotate in the opposite direction.

# **Roller Ring**

- 1. The Roller Ring and oven floor should be cleaned frequently to prevent excessive noise.
- 2. Always replace the Roller Ring and the Glass Tray in their proper positions.
- 3. The Roller Ring must always be used for cooking along with the Glass Tray.



## **Examine Your Oven**

Unpack oven, remove all packing material and examine the oven for any damage such as dents, broken door latches or cracks in the door. Notify dealer immediately if oven is damaged. **DO NOT** install if oven is damaged.

## **Placement of Oven**

- 1. The oven must be placed on a flat, stable surface. Place the front surface of the door three inches or more from the counter top edge to avoid accidental tipping of the microwave oven during normal use. For proper operation, the oven must have sufficient air flow. Allow 3-inches (7.6 cm) of space on both sides of the oven and 1-inch (2.5 cm) of space on top of the oven.
  - (a) **DO NOT** block air vents. If they are blocked during operation, the oven may be overheated and damaged.
  - (b) **DO NOT** place oven near a hot, damp surface such as a gas or electric range, or dishwasher.
  - (c) **DO NOT** operate oven when room humidity is excessive.
- 2. This oven is manufactured for household use only. It is not approved or tested for mobile vehicle, marine, or commercial use.

# Installation

- 1. **DO NOT** block air vents. If they are blocked during operation, the oven may overheat. If the oven overheats, a thermal safety device will turn the oven off. The oven will remain inoperable until it has cooled.
- 2. If the oven is designed for installation into a wall cabinet by using the proper trim kit available from a local Panasonic dealer, follow all instructions packed with the kit.

# INSTALLATION AND GROUNDING INSTRUCTIONS (continued)

#### **AWARNING** –IMPROPER USE OF THE GROUNDING PLUG CAN RESULT IN A RISK OF ELECTRIC SHOCK.

Consult a qualified electrician or service person if the grounding instructions are not completely understood, or if doubt exists as to whether the appliance is properly grounded. If it is necessary to use an extension cord, use only a three wire extension cord that has a three prong polarized grounding plug, and a three slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord should be equal to or greater than the electrical rating of the appliance.

## **Grounding Instructions**

THIS APPLIANCE MUST BE GROUNDED. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

- Plug into properly installed and grounded 3 prong outlet.
- DO NOT remove ground prong.
- DO NOT use an adapter.

## **Power Supply**

- 1. A short power-supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.
- 2. Longer cord sets or extension cords are available and may be used if care is exercised in their use. **Do not** let cord hang over edge of a table or counter.
- 3. If a long cord or extension cord is used, (1) the marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance, (2) the extension cord must be a grounding-type 3-wire cord, and (3) the longer cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled on by children or tripped over accidentally.

## Wiring Requirements

The oven must be operated on a SEPARATE CIRCUIT. No other appliance should share the circuit with the microwave oven. If it does, the branch circuit fuse may blow or the circuit breaker may trip. The oven must be plugged into at least a 20 AMP, 120 VOLT, 60 Hz GROUNDED OUTLET. Where a standard two-prong outlet is encountered, it is the personal responsibility and obligation of the consumer to have it replaced with a properly grounded three-prong outlet. The VOLTAGE used must be the same as specified on this microwave oven (120 V, 60 Hz). Using a higher voltage is dangerous and may result in a fire or oven damage. Using a lower voltage will cause slow cooking. Panasonic is NOT responsible for any damages resulting from the use of the oven with any voltage other than specified.

## TV / Radio Interference

- 1. Operation of the microwave oven may cause interference to your radio, TV or similar equipment.
- 2. When there is interference, it may be reduced or eliminated by taking the following measures:
  - (a) Place the radio, TV, etc. away from the microwave oven as far as possible.
  - (b) Use a properly installed antenna to obtain stronger signal reception.
  - (c) Clean door and sealing surfaces of the oven. (See Care and Cleaning of Your Microwave Oven)

# **Safety Precautions**

Follow These Safety Precautions When Cooking in Your Oven.

## **IMPORTANT**

Proper cooking depends upon the power, the time setting and quantity of food. If you use a smaller portion than recommended but cook at the time for the recommended portion, fire could result.

- 1) HOME CANNING / STERILIZING / DRYING FOODS / SMALL QUANTITIES OF FOODS
- **DO NOT** use your oven for home canning. Your oven cannot maintain the food at the proper canning temperature. The food may be contaminated and then spoil.
- **DO NOT** use the microwave oven to sterilize objects (baby bottles, etc.). It is difficult to keep the oven at the high temperature needed for sterilization.
- **DO NOT** dry meats, herbs, fruits or vegetables in your oven. Small quantities of food or foods with low moisture content can dry out, scorch or catch on fire if overheated.

# 2) POPCORN

Popcorn may be popped in a microwave oven corn popper. Microwave popcorn which pops in its own package is also available. Follow popcorn manufacturers' directions and use a brand suitable for the cooking power of your microwave oven.

**CAUTION:** When using pre-packaged microwave popcorn, you can follow recommended package instructions or use the popcorn pad (refer to page 12). Otherwise, the popcorn may not pop adequately or may ignite and cause a fire. Never leave oven unattended when popping popcorn. Allow the popcorn bag to cool before opening, always open the bag facing away from your face and body to prevent steam burns.

# 3) DEEP FAT FRYING

• **DO NOT** deep fat fry in your microwave oven. Cooking oils may burst into flames and may cause damage to the oven and perhaps result in burns. Microwave utensils may not withstand the temperature of the hot oil, and can shatter or melt.

# 4) FOODS WITH NONPOROUS SKINS

- DO NOT COOK/REHEAT WHOLE EGGS, WITH OR WITHOUT THE SHELL. Steam buildup in whole eggs may cause them to explode, and possibly damage the oven or cause injury. Reheating SLICED hard-boiled eggs and cooking SCRAMBLED eggs is safe.
- Potatoes, apples, whole squash and sausages are examples of foods with nonporous skins. These types of foods must be pierced before microwave cooking to prevent them from exploding.

CAUTION: Cooking dry or old potatoes can cause fire.



# 5) GLASS TRAY / COOKING CONTAINERS / FOIL

- Cooking containers get hot during microwaving. Heat is transferred from the HOT food to the container and the Glass Tray. Use pot holders when removing containers from the oven or when removing lids or plastic wrap covers from cooking containers, to avoid burns.
- The Glass Tray will get hot during cooking. It should be allowed to cool before handling or before paper products, such as paper plates or microwave popcorn bags, are placed in the oven for microwave cooking.
- When using foil in the oven, allow at least 1-inch (2.5 cm) of space between foil and interior oven walls or door.
- Dishes with metallic trim should not be used, as arcing may occur.

# 6) PAPER TOWELS / CLOTHS

• **DO NOT** use paper towels or cloths which contain a synthetic fiber woven into them. The synthetic fiber may cause the towel to ignite. Use paper toweling under supervision.

# 7) BROWNING DISHES / OVEN COOKING BAGS

- Browning dishes or grills are designed for microwave cooking only. Always follow instructions provided by the manufacturer. **DO NOT** preheat browning dish more than 6 minutes.
- If an oven cooking bag is used for microwave cooking, prepare according to package directions. **DO NOT** use a wire twist-tie to close bag, instead use plastic ties, cotton string or a strip cut from the open end of the bag.

# 8) THERMOMETERS

• **DO NOT** use a conventional meat thermometer in your oven. Arcing may occur. Microwave safe thermometers are available for both meat and candy.

# 9) BABY FORMULA / BABY FOOD

• **DO NOT** heat baby formula or baby food in the microwave oven. The glass jar or surface of the food may appear warm while the interior can be so hot as to burn the infant's mouth and esophagus.

# **10) REHEATING PASTRY PRODUCTS**

• When reheating pastry products, check temperatures of any fillings before eating. Some foods have fillings which heat faster and can be extremely hot, while the surface remains warm to the touch (ex. Jelly Donuts).

# **11) GENERAL OVEN USAGE GUIDELINES**

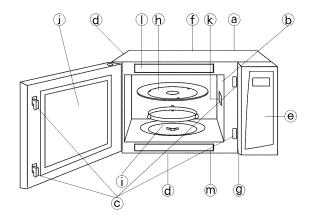
• DO NOT use the oven for any purpose other than the preparation of food.

# **Cookware Guide**

ITEM	MICROWAVE	COMMENTS
8 8 <b>6</b> 8 8	Yes for	Small strips of foil can be molded around thin parts of
Aluminum Foil	Shielding	
Aluminum Foil		meat or poultry to prevent overcooking. Arcing can occur
	only	if foil is too close to oven wall or door and damage to your
		oven will result.
		Browning dishes are designed for microwave cooking
Browning Dish	Yes	only. Check browning dish information for instructions
		and heating chart. Do not preheat for more than 6 minutes.
Brown paper bags	No	May cause a fire in the oven.
Dinnerware:		Check manufacturers' use and care directions for use in
Labeled	Yes	microwave heating. Some dinnerware may state on the
"Microwave Safe"		back of the dish, "Oven-Microwave Safe".
Unlabeled Dinnerware	?	Use CONTAINER TEST below.
Disposable polyester	Yes	Some frozen foods are packaged in these dishes. Can be
Paperboard Dishes	100	purchased in grocery stores.
Fast Food Carton		
with Metal Handle	No	Metal handle may cause arcing.
Frozen Dinner Tray		
Metal	No	Metal can cause arcing and damage to your oven.
Frozen Dinner Tray		
Microwave safe	Yes	Heat only 1 tray in the oven at one time.
Microwave sale		
Glass Jars	No	Most glass jars are not heat resistant. Do not use for
		cooking or reheating.
Heat Resistant Oven	Yes	Ideal for microwave cooking and browning.
Glassware & Ceramics	100	(See CONTAINER TEST below)
Metal Bakeware	No	Not recommended for use in microwave ovens. Metal can
		cause arcing and damage to your oven.
Metal Twist-Ties	No	May cause arcing which could cause a fire in the oven.
		Follow manufacturers' directions. Close bag with the nylon
	N.	tie provided, a strip cut from the end of the bag, or a piece
Oven Cooking Bag	Yes	of cotton string. Do not close with metal twist-tie. Make six
		$\frac{1}{2}$ -inch (1 cm) slits near the closure.
		Use to warm cooked foods, and to cook foods that require
Paper Plates & Cups	Yes	short cooking times such as hot dogs.
		Use to warm rolls and sandwiches, only if labeled safe for
Paper Towels & Napkins	Yes	microwave use.
Recycled Paper Towels		Recycled paper products may contain impurities which may
& Napkins	No	cause sparks.
Parchment Paper		
i alonneni rapei	Yes	Use as a cover to prevent spattering. Safe for use in microwave, microwave/convection and conventional ovens.
Plastic:		Should be labeled, "Suitable for Microwave Heating." Check
Microwave Safe	Vaa	
	Yes,	manufacturers' directions for recommended uses.
Cookware	use caution	Some microwave safe plastic containers are not suitable for
		cooking foods with high fat or sugar content. The heat from
		hot food may cause the plastic to warp.
Plastic, Melamine	No	This material absorbs microwave energy. Dishes get HOT!
Plastic Foam Cups	Yes,	Plastic foam will melt if foods reach a high temperature. Use
r lastic i barri oups	use caution	to reheat foods to a low serving temperature only.
		Use to cover food during cooking to retain moisture and
Plastic Wrap	Yes	prevent spattering. Should be labeled "Suitable for
		Microwave Heating". Check package directions.
	Ver	Use only for short term reheating and to bring food to a low
Straw, Wicker, Wood	Yes,	serving temperature. Wood may dry out & split or crack
,,	use caution	when used.
Thermometers-		Use only microwave safe meat and candy thermometers.
Microwave safe	Yes	
		Not suitable for use in microwave oven, will cause sparks
Thermometere.		
Thermometers-	No	
Thermometers- Conventional Wax paper	No Yes	and get hot. Use as a cover to prevent spattering and to retain moisture.

CONTAINER TEST TO TEST A CONTAINER FOR SAFE MICROWAVE OVEN USE: Fill a microwave safe cup with cool water and place it in the microwave oven alongside the empty container to be tested; heat one (1) minute at P10 (HIGH). If the container is microwave oven safe (transparent to microwave energy), the empty container should remain comfortably cool and the water should be hot. If the container is hot, it has absorbed some microwave energy and should NOT be used. This test cannot be used for plastic containers. 7

# **Oven Components Diagram**



#### ⓐ External Air Vent

- b Internal Air Vent
- © Door Safety Lock System
- **d** Exhaust Air Vent
- Control Panel
- (f) Identification Plate (Alternate location)
- (9) Identification Plate (Alternate location)

#### **Oven Light:**

Oven Light turns on only while cooking and will not turn on when oven door is opened.

# **Control Panel**

- (1) Display Window
- (2) Power Level Pad (
  repage 11)
- (4) Popcorn Pad (
  r page 12)
- (5) Sensor Reheat Pad (
  repage 15)
- (6) Sensor Cook Pad (r page 15)
- (7) Keep Warm Pad (
  repage 11)
- (8) Timer Pad (
  r page 18)
- (9) Clock Pad (
  repage 10)
- (10) Quick Min Pad (r page 11)
- (11) More/Less Pad ( page 12)

#### (12) Number Pads (13) Start Pad

h Glass Tray

(i) Roller Ring

(do not remove)

**(i)** Warning Label

m Menu Label

(i) Heat/Vapor Barrier Film

Waveguide Cover (do not remove)

One tap allows oven to begin func tioning. If door is opened or **Stop/Reset** Pad is pressed once during oven operation, **Start** Pad must be pressed again to restart oven.

#### (14) Stop/Reset Pad Before cooking: One tap clears

memory. During cooking: One tap

temporarily stops the cooking process.

Another tap cancels all your instructions and time of day or colon appears in the **Display Window**.

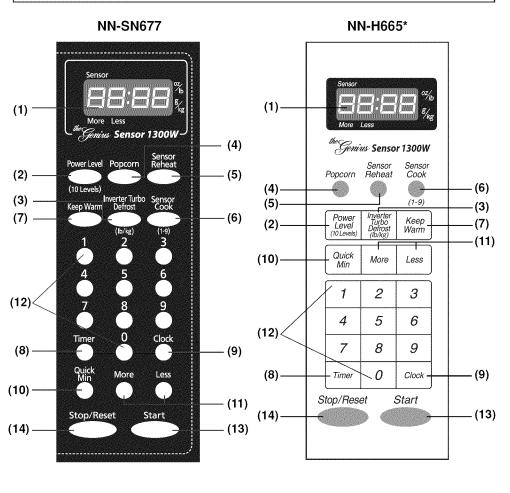
#### Beep Sound:

When a pad is pressed correctly, a beep will be heard.

If a pad is pressed and no beep is heard, the unit did not or cannot accept the instruction. When operating, the oven will beep twice between programmed stages. At the end of any complete program, the oven will beep 5 times.

# **Control Panel**

(continued)



\* The control panel of NN-SN667/SN676 has the same key layout as NN-H665.

#### Note:

If an operation is set and *Start* Pad is not pressed, after 6 minutes, the oven will automatically cancel the operation. The display will revert back to clock or colon mode.

Starting to Use			
1. ← [1] ↓ Display Window 88:88 %	<ul> <li>Plug into a properly grounded electrical outlet.</li> <li>The oven automatical- ly defaults to the impe- rial measure system (oz/lb).</li> </ul>		
<b>2.</b> If you wish to use metric system (g/kg):	• Press <i>Start</i> to convert to metric. Verify your selection in the dis- play window.		
Start V % % % %			
3. Stop/Reset	<ul> <li>Press Stop/Reset.</li> <li>Colon appears in the display window.</li> </ul>		



This feature prevents the electronic operation of the oven until cancelled. It does not lock the door.

To Set:	<ul> <li>Press Start 3 times. "Child" appears in the display window.</li> <li>&gt; "Child" continues to be displayed until Child Lock is can- celled. Keypads may be pressed but the microwave will not start.</li> </ul>
To Cancel: Stop/Reset	<ul> <li>Press <i>Stop/Reset</i> 3 times.</li> <li>The display will return to colon or time of day when Child Lock has been cancelled.</li> </ul>

#### NOTE:

You can set Child Lock feature when the display shows a colon or time of day.

1	Setting	the	Clock
17	Jettiny	uie	VIUUN

#### Example: To set 11:25 a.m. or p.m.

1. Clock	<ul> <li>Press Clock once.</li> <li>➤ Colon flashes.</li> </ul>
2.	<ul> <li>Enter time of day using the number pads.</li> <li>Time appears in the display window; colon continues flashing.</li> </ul>
3. Clock	<ul> <li>Press Clock.</li> <li>Colon stops flash- ing; time of day is entered.</li> </ul>

#### NOTES:

- 1. To reset the clock, repeat step 1-3.
- 2. The clock will retain the time of day as long as the oven is plugged in and electricity is supplied.
- 3. Clock is a 12 hour display.
- 4. Oven will not operate while colon is flashing.

# Selecting Power

Example: To cook at P 6 (MEDIUM) power for 1 minute 30 seconds

<b>1.</b>	• Press <b>Power Level</b>
Power Level	until the desired
(10 Levels)	power level appears
Press 5 times.	in the display window.
2.	<ul> <li>Set Cooking Time</li></ul>
1 3 0	using number pads.
3.	<ul> <li>Press <i>Start</i>.</li> <li>Cooking will start. The time in the display window will count down.</li> </ul>

Press	Power Level
once	P10 (HIGH)
twice	P9
3 times	P8
4 times	P7 (MED-HIGH)
5 times	P6 (MEDIUM)
6 times	P5
7 times	P4
8 times	P3 (MED-LOW)/DEFROST
9 times	P2
10 times	P1 (LOW)

#### NOTES:

- For more than one stage cooking, repeat steps 1 and 2 for each stage of cooking before pressing *Start* Pad. The maximum number of stages for cooking is 5. When operating, two beeps will sound between each stage. Five beeps will sound at the end of the entire sequence.
- 2. When selecting P10 (HIGH) power for the first stage, you may begin at step 2.
- When selecting P10 (HIGH) power, the maximum programmable time is 30 minutes. For other power levels, the maximum time is 99 minutes and 99 seconds.
- 4. For reheating, use P10 (HIGH) for liquids, P7 (MED-HIGH) for most foods and P6 (MEDIUM) for dense foods.
- 5. For defrosting, use P3 (MED-LOW).

**DO NOT OVER COOK.** This oven requires less time to cook than an older unit. Over cooking will cause food to dry out and may cause a fire. A microwave oven's cooking power tells you the amount of microwave power available for cooking. Automatic features are provided for your convenience. If results are not suitable to your individual preference or if serving size is other than what is listed on page 17, please refer to page 11 for manual cooking.



This feature allows you to set or add cooking time in 1 minute increments up to 10 minutes.

# To Set Cooking Time:

Quick Min	Press Quick Min until the desired cooking time (up to 10 min- utes) appears in the display window. Power Level is pre-set at P10.
2.	Press <i>Start</i> . Cooking begins and the time will count down. At the end of cooking, 5 beeps sound.

#### NOTES:

- 1. If desired, you can use other power levels. Select desired power level before setting cooking time.
- 2. After setting the time by **Quick Min** Pad, you cannot use Number Pads.
- Quick Min Pad can be used to add more time during manual cooking.



This feature will keep food warm for up to 30 minutes after cooking.

Example: To keep 2 cups of gravy warm

1. Keep Warm	• Press Keep Warm.
2. 0 to 9	• Set warming time, up to 30 minutes.
3. Start	<ul> <li>Press <i>Start</i>.</li> <li>≻ Keep Warm will start. The time in the display window will count down.</li> </ul>

#### NOTE:

**Keep Warm** can be programmed as the final stage after cook time/s have been manually entered. It cannot be used in combination with sensor or auto features.

# **Popcorn Feature**

#### Example: To pop 3.5 oz. of popcorn

1. Popcorn	• Press <b>Popcorn</b> until the desired size appears in the display window.	
Press once	Press         Weight           once         3.5 oz (99 g)           twice         3.0 oz (85 g)           3 times         1.75 oz (50 g)	
<b>2.</b> More or Less	• (see <b>More/Less</b> Feature.)	
Optional		
3.	<ul> <li>Press Start.</li> <li>&gt; After several seconds, cooking time appears in the display window and begins to count down.</li> </ul>	

#### NOTES ON POPCORN FEATURE:

- 1. Pop one bag at a time.
- 2. Place bag in oven according to manufacturers' directions.
- 3. Start with popcorn at room temperature.
- 4. Allow popped corn to sit unopened for a few minutes.
- 5. Open bag carefully to prevent burns, because steam will escape.
- 6. Do not reheat unpopped kernels or reuse bag.

#### NOTE:

If popcorn is of a different weight than listed, follow instructions on popcorn package. **Never leave the oven unattended.** If popping slows to 2 to 3 seconds between pops, stop oven. **Overcooking can cause fire.** 

#### **REMARKS:**

When popping multiple bags one right after the other, the cooking times may vary slightly. This does not affect the popcorn results.

# - 🐞 - 🏠 More/Less Feature

#### For Popcorn:

By using the **More/Less** Pad, the programs can be adjusted to cook popcorn for a longer or shorter time if desired.

More : Adds time

Less : Subtracts time

More 2 = Adds Approx. 20 secs. More 1 = Adds Approx. 10 secs. original setting Less 1 = Subtracts Approx. 10 secs. Less 2 = Subtracts Approx. 20 secs.

Press More/Less pad before pressing Start.

#### For Sensor Reheat/Cook:

Preferences for food doneness vary with each individual. After having used the **Sensor Reheat/Cook** feature a few times, you may decide you would prefer your food cooked to a different doneness.

More : Adds time

Less : Subtracts time

More 1 = Adds Approx. 10% time original setting Less 1 = Subtracts Approx. 10% time

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Press More/Less pad before pressing Start.

# Ø

# **Inverter Turbo Defrost Feature**

This feature allows you to defrost foods such as: meat, poultry and seafood simply by entering the weight.

#### Example: To defrost 1.5 pounds of meat

Place food on microwave safe dish.

1. Inverter Turbo Defrost (Ib/kg)	Press Inverter Turbo     Defrost.
2. 1 5	<ul> <li>Enter weight of the food using the num- ber pads.</li> </ul>
3.	• Press <i>Start</i> . Defrosting will start. The time will count down. Larger weight foods will cause a sig- nal midway through defrosting. If 2 beeps sound, turn over, rearrange foods or shield with aluminum foil.

#### **Conversion Chart:**

Follow the chart to convert ounces or hundredths of a pound into tenths of a pound. To use Inverter Turbo Defrost, enter the weight of the food in lbs. (1.0) and tenths of a lb. (0.1). If a piece of meat weighs 1.95 lbs. or 1 lb. 14 oz., enter 1.9 lbs.

Ounces	Hundredths	Tenths of
	of a Pound	a Pound
0	.0105	0.0
1 - 2	.0615	0.1
3 - 4	.1625	0.2
5	.2635	0.3
6 - 7	.3645	0.4
8	.4655	0.5
9 - 10	.5665	0.6
11 - 12	.6675	0.7
13	.7685	0.8
14 - 15	.8695	0.9



## Preparation For Freezing:

- 1. Freeze meats, poultry, and fish in packages with only 1 or 2 layers of food. Place wax paper between layers.
- 2. Package in heavy-duty plastic wraps, bags (labeled "For Freezer"), or freezer paper.
- 3. Remove as much air as possible.
- 4. Seal securely, date, and label.

## To Defrost:

- 1. Remove wrapper. This helps moisture to evaporate. Juices from food can get hot and cook the food.
- 2. Set food in microwave safe dish.
- 3. Place roasts fat-side down. Place whole poultry breast-side down.
- 4. Select power and minimum time so that items will be under-defrosted.
- 5. Drain líquids during defrosting.
- 6. Turn over (invert) items during defrosting.
- 7. Shield edges and ends if needed. (See Cooking Techniques).

## After Defrosting:

- 1. Large items may be icy in the center. Defrosting will complete during STANDING TIME.
- 2. Let stand, covered, following stand time directions on page 14.
- 3. Rinse foods indicated in the chart.
- 4. Items which have been layered should be rinsed separately or have a longer stand time.

# Defrosting Tips & Techniques (continued)

FOOD	DEFROST TIME at P3	DURING DEFROSTING	AFTER DEFF	OSTING
FOOD	mins (per lb)		Stand Time	Rinse
Fish and Seafood [up to 3 lbs. (1.4 kg)]				
Crabmeat	6	Break apart/Rearrange		
Fish Steaks	4 to 6	Turn over	5 min.	YES
Fish Fillets	4 to 6	Turn over/Rearrange/Shield ends		
Sea Scallops	4 to 6	Break apart/Remove defrosted pieces		
Whole fish	4 to 6	Turn over		
Meat Ground Meat	4 to 5	Turn over/Remove defrosted portion/Shield edges	10 min.	
Roasts [2¹/₂-4 lbs. (1.1-1.8 kg)]	4 to 8	Turn over/Shield ends and defrosted surface	30 min. in refrig.	
Chops/Steak	6 to 8	Turn over/Rearrange/Shield ends and defrosted surface		
Ribs/T-bone	6 to 8	Turn over/Rearrange/Shield ends and defrosted surface	5 min.	NO
Stew Meat	4 to 8	Break apart/Rearrange/ Remove defrosted pieces	5 mm.	NO
Liver (thinly sliced)	4 to 6	Drain liquid/Turn over/ Separate pieces		
Bacon (sliced)	4	Turn over		
<b>Poultry</b> Chicken, Whole [up to 3 lbs. (1.4 kg)]	4 to 6	Turn over/Shield	20 min. in refrig.	
Cutlets	4 to 6	Break apart/Turn over/ Remove defrosted Pieces	5 min.	YES
Pieces	4 to 6	Break apart/Turn over/Shield	40.1	TEO
Cornish Hens	6 to 8	Turn over/Shield	10 min.	
Turkey Breast [5-6 lbs. (2.3-2.7 kg)]	6	Turn over/Shield	20 min. in refrig.	



# Sensor Reheat Feature

This sensor feature allows you to reheat cooked, refrigerated food without setting time. The oven simplifies programming.

#### Example: To reheat a plate of food

1. Sensor Reheat	Press Sensor Reheat.
<b>2.</b> More or Less Optional	• (see <b>More/Less</b> Feature) ( <b>•</b> page 12)
3. Start	<ul> <li>Press <i>Start</i>.</li> <li>➤ Cooking starts.</li> </ul>

Cooking is complete when 5 beeps sound. (When steam is detected by the Genius Sensor and 2 beeps sound, the remaining cooking time will appear in the display window.)

#### NOTE:

**Casseroles** - Add 3 to 4 tablespoons of liquid, cover with lid or vented plastic wrap. Stir when time appears in the display window.

**Canned foods** - Empty contents into casserole dish or serving bowl, cover dish with lid or vented plastic wrap. After reheating, let stand for a few minutes.

**Plate of food** - Arrange food on plate; top with butter, gravy, etc. Cover with lid or vented plastic wrap. After reheating, let stand for a few minutes.

#### DO NOT USE SENSOR REHEAT:

- 1. To reheat bread and pastry products. Use manual power and time for these foods.
- 2. For raw or uncooked foods.
- 3. If oven cavity is warm.
- 4. For beverages.
- 5. For frozen foods.



This sensor feature allows you to cook food without setting time. The oven simplifies programming.

#### Example: To cook Frozen Entrées

<b>1.</b> Sensor Cook (1-9) Press 4 times	• Press until the desired food number appears in the display window.
<b>2.</b> More or Less Optional	• (see <b>More/Less</b> Feature) ( <b>●</b> page 12)
3. Start	<ul> <li>Press <i>Start</i>.</li> <li>➤ Cooking starts.</li> </ul>
Cooking is com	olete when 5 beeps

Cooking is complete when 5 beeps sound. (When steam is detected by the Genius Sensor and 2 beeps sound, the remaining cooking time will appear in the display window.)

# For the best results with the *GENIUS SENSOR*, follow these recommendations.

**BEFORE** Reheating/Cooking:

- 1. The room temperature surrounding the oven should be below 95° F (35° C).
- 2. Food weight should exceed 4 oz. (110 g).
- Be sure the glass tray, the outside of the cooking containers and the inside of the microwave oven are dry before placing food in the oven. Residual beads of moisture turning into steam can mislead the sensor.
- 4. Cover food with lid, or with vented plastic wrap. Never use tightly sealed plastic containers—they can prevent steam from escaping and cause food to overcook.

#### **DURING** Reheating/Cooking:

DO NOT open the oven door until 2 beeps sound and cooking time appears on the Display Window. Doing so will cause inaccurate cooking since the steam from food is no longer contained within the oven cavity. Once the cooking time begins to count down, the oven door may be opened to stir, turn, or rearrange foods.

**AFTER** Reheating/Cooking: All foods should have a stand time.

# Sensor Cook Chart

Recipe	Serving/Weight	Hints
Oatmeal	0.5 - 1 cup (40 - 80 g)	Place inside a microwave safe serving bowl with no cover. Follow manufacturers' directions for preparation.
Breakfast Sausage (only for NN-SN667/H665/SN676)	2 - 8 links	Follow manufacturers' directions for preparation of pre-cooked breakfast sausage. Place in a radial pattern.
Omelet	2, 4 eggs	Follow basic Omelet recipe on page 17.
Soup (only for NN-SN677)	1-2 cups (250 - 500 ml)	Pour soup into a microwave safe serving bowl. Cover with lid or vented plastic wrap. Stir after cooking.
Frozen Entrées	8 - 32 oz. (225 - 900 g)	Follow manufacturers' directions for preparation. After 2 beeps, stir or rearrange. Be careful when removing the film cover after cooking. Remove facing away from you to avoid steam burns. If additional time is needed, continue to cook manually.
Frozen Pizza (single)	8 oz. (225 g)	Follow manufacturers' directions for preparation. Add more time of cooking if needed.
Potatoes	1 - 4 potatoes (6 - 8 oz. each) (170 - 225 g)	Pierce each potato with a fork 6 times spacing around surface. Place potato or potatoes around the edge of paper-towel-lined glass tray (Turntable), at least 1 inch (2.5 cm) apart. Do not cover. Turn over after 2 beeps. Let stand 5 minutes to complete cooking.
Fresh Vegetables	4 - 16 oz. (110 - 450 g)	All pieces should be the same size. Wash thoroughly, add 1 tbsp. of water per 1/2 cup of vegetables, and cover with lid or vented plastic wrap. Do not salt/butter until after cooking.
Frozen Vegetables	6 - 16 oz. (170 - 450 g)	Wash thoroughly, add 1 tbsp. of water per 1/2 cup of vegetables, and cover with lid or vented plastic wrap. Do not salt/butter until after cooking. (Not suitable for vegetables in butter or sauce.) After 2 beeps, stir or rearrange.
Pasta (only for NN-SN667/H665/SN676)	2 - 8 oz. (56 - 225 g)	Place pasta with hot tap water in a microwave safe casserole dish. Cover with lid or vented plastic wrap.
Frozen Dinners (only for NN-SN677)	11 - 16 oz. (300 - 450 g)	Follow manufactures' directions for covering or removing covers. Do not use frozen foods packaged in foil trays.



# **Microwave Recipes**

- Basic Omelet
- 1 tablespoon butter or margarine
- 2 eggs
- 2 tablespoons milk salt and ground black pepper, if desired

Heat butter in a microwave safe 9-inch pie plate, 20 seconds at P10, or until melted. Turn the plate to coat the bottom with butter. Meanwhile, combine the remaining ingredients in a separate bowl, beat together and pour into the pie plate.

Cook, covered with vented plastic wrap, using OMELET selection or cook at P6 power for 3-4 minutes. Let stand 2 minutes. With a spatula, loosen the edges of the omelet from the plate, fold into thirds to serve. **Always use scrambled eggs.** 

#### Yield: 1 serving

**NOTE:** Double ingredients for a 4 egg Omelet. (Cook at P6 power for 5 minutes.)

# CASSEROLE

#### Shepherd's Pie

- 1 pound lean ground beef
- 1/2 cup frozen peas, thawed
- 1/4 cup chopped onion
- 1 tablespoon gravy powder
- 1/2 teaspoon curry powder
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 2 cups mashed potatoes

In a 2-Qt. casserole dish, crumble the ground beef and cook for 5-7 minutes at P6 or until the meat is cooked, stirring twice. Add the remaining ingredients, except for potatoes. Stir well, and then spread the potatoes evenly on the top. Cover with a lid or vented plastic wrap and cook at P6 power for 16-18 minutes.

#### Yield: 4 servings

#### Macaroni and Cheese

- <sup>1</sup>/<sub>4</sub> cup butter
- 2 tablespoons chopped onion
- 1 clove minced garlic
- 1/4 cup all-purpose flour
- 1 teaspoon dry mustard
- 1 teaspoon salt
- 1/4 teaspoon ground black pepper
- 2 cups milk
- 2 cups grated cheddar cheese
- 8 oz. (1/2 lb dry weight) macaroni, cooked and drained
- 1/3 cup bread crumbs
- 1 teaspoon paprika

In a 2-Qt. casserole, melt the butter for 40 seconds at P10. Add onion and garlic and cook for 1 minute at P10. Stir in flour, mustard, salt and pepper, and gradually add the milk. Cook for 3-4 minutes at P10 until sauce thickens, stirring once. Add the cheddar cheese, stirring thoroughly. Pour and stir the sauce into the macaroni, in a 3-Qt. casserole.Top with bread crumbs and paprika. Cover with lid or vented plastic wrap. Cook at P6 power for 16-18 minutes.

Yield: 6 servings

#### Beef and Macaroni Casserole

- 1 pound lean ground beef
- 1 small onion, chopped
- 1/2 green bell pepper, chopped
- 1 cup chopped celery
- 2 15 oz. cans tomato sauce
- 1<sup>1</sup>/<sub>4</sub> cups water
- 1 cup uncooked elbow macaroni
- 1 teaspoon parsley
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/2 cup grated cheddar cheese

Crumble the ground beef in a 3-Qt. casserole. Cook for 5-7 minutes at P6 or until the meat is cooked, stirring twice. Stir in onion, peppers and celery. Cook for 3-4 minutes at P10. Stir in the remaining ingredients, except cheese. Cover with lid or vented plastic wrap. Cook at P6 power for 16-18 minutes. Sprinkle with cheese. Cover and let stand 5 minutes.

Yield: 4-6 servings

#### Tuna Casserole

- 1 6 oz. can tuna, drained and flaked
- cups cooked and drained noodles
   10<sup>3</sup>/<sub>4</sub> oz. can condensed cream of
- mushroom soup 4 oz. can mushroom pieces and si
- 1 4 oz. can mushroom pieces and stems, drained
- 1 16 oz. package frozen peas, defrosted  $^{3/_{4}}$  cup milk
- 1 cup crushed potato chips
- 1/2 cup grated cheddar cheese

In a 3-Qt. casserole, combine tuna, noodles, soup, mushrooms, peas and milk; mix well. Cover with lid or vented plastic wrap. Cook at P6 power for 16-18 minutes. Top with potato chips and cheese before serving.

#### Yield: 4-6 servings



# **Timer Feature**

This feature allows you to program the oven as a kitchen timer. It can also be used to program a standing time after cooking is completed and/or to program a delay start.

# To Use as a Kitchen Timer:

1. Timer	• Press <b>Timer</b> .
2. 5 0 0	<ul> <li>Set desired amount of time using number pads.</li> <li>(up to 99 minutes and 99 seconds).</li> </ul>
3. Start	<ul> <li>Press <i>Start</i>.</li> <li>➤ Time will count down without oven operating.</li> </ul>

# To Set Stand Time:

Example: To cook at P6 power for 3 minutes, with stand time of 5 minutes.	
<b>1.</b> Power Level (10 Levels) Press 5 times	• Enter the desired <b>Power Level</b> (see page 11 for directions).
2. 3 0 0	<ul> <li>Set desired cooking time using number pads.</li> </ul>
3. Timer	• Press <b>Timer</b> .
4. 5 0 0	<ul> <li>Set desired amount of Stand Time using number pads. (up to 99 minutes and 99 seconds)</li> </ul>
5. Start	<ul> <li>Press Start.</li> <li>Cooking will start. After cooking, stand time will count down without oven operating.</li> </ul>

#### CAUTION:

If oven lamp is lit while using the timer feature, the oven is incorrectly programed. Stop oven immediately and re-read instructions.

# To Set Delay Start:

Example: To delay the start of cooking
for 5 minutes, and cook at P6
power for 3 minutes.

1. Timer	• Press Timer.
2.	• Enter desired amount of delay time using number pads. (up to 99 minutes and 99 seconds)
<b>3.</b> Power Level (10 Levels) Press 5 times	• Enter the desired <b>Power Level</b> (see page 11 for directions).
4.	<ul> <li>Set desired cooking time using number pads.</li> </ul>
5. Start	<ul> <li>Press <i>Start</i>.</li> <li>≻ Delay time will count down. Then cooking will start.</li> </ul>

#### NOTE:

- 1. When each stage finishes, a two-beep signal sounds. At the end of the program, the oven will beep five times.
- 2. If the oven door is opened during Stand Time, Kitchen Timer or Delay Time, the time on the display will continue to count down.
- 3. Stand time and Delay start cannot be programmed before any automatic Function. This is to prevent the starting temperature of food from rising before defrosting or cooking begins. A change in starting temperature could cause inaccurate results.



# **Microwave Shortcuts**

FOOD	POWER	TIME (in mins.)	DIRECTIONS
To separate refrigerated <b>Bacon</b> , 1 pound (450 g)	P10 (HIGH)	30 sec.	Remove wrapper and place in microwave safe dish. After heating, use a plastic spatula to separate slices.
To soften <b>Brown Sugar</b> 1 cup (250 ml)	P10 (HIGH)	20 - 30 sec.	Place brown sugar in microwave safe dish with a slice of bread. Cover with lid or plastic wrap.
To soften refrigerated <b>Butter</b> , 1 stick, <sup>1</sup> / <sub>4</sub> pound (110 g)	P3 (MED-LOW)	1	Remove wrapper and place butter in a microwave safe dish.
To melt refrigerated <b>Butter</b> , 1 stick, <sup>1</sup> / <sub>4</sub> pound (110 g)	P6 (MEDIUM)	<b>1</b> 1/2 - <b>2</b>	Remove wrapper and place butter in a microwave safe dish covered with lid or vented plastic wrap.
To melt <b>Chocolate</b> , 1 square, 1 oz. (28 g) To melt <b>Chocolate</b> , 1/2 cup (125 ml) chips	P6 (MEDIUM) P6 (MEDIUM)	1 - 11/2 1 - 11/2	Remove wrapper and place chocolate in a microwave safe dish. After heating, stir until completely melted. <i>Note: Chocolate</i> <i>holds its shape even when softened.</i>
To toast <b>Coconut</b> , <sup>1</sup> / <sub>2</sub> cup (125 ml)	P10 (HIGH)	1	Place in a microwave safe dish. Stir every 30 seconds.
To soften <b>Cream Cheese</b> , 8 oz. (225 g)	P3 (MED-LOW)	1 - 2	Remove wrapper and place in a microwave safe bowl.
To brown <b>Ground Beef</b> , 1 pound (450 g)	P10 (HIGH)	4 - 5	Crumble into a microwave safe colander set into another dish. Cover with plastic wrap. Stir twice. Drain grease.
To cook <b>Vegetables</b> , Fresh ( <sup>1/</sup> 2 lb) (225 g)	P8	31/2 - 4	All pieces should be the same size. Wash thoroughly, add 1 tbsp of water per 1/2 cup of vegetables, and cover with lid or vented plastic wrap. Do not salt/butter until after cooking.
Frozen (10 oz) (285 g)	P8	31/2 - 4	Wash thoroughly, add 1 tbsp of water per 1/2 cup of vegetables, and cover with lid or vented plastic wrap. Do not salt/butter until after cooking. (Not suitable for vegetables in butter or sauce.)
Canned (15 oz) (430 g)	P8	31/2 - 4	Empty contents into microwave safe serving bowl. Cover with lid or vented plastic wrap.



# **Microwave Shortcuts**

FOOD	POWER	TIME (in mins.)	DIRECTIONS
To cook baked <b>Potato</b> , (6 - 8 oz. each) (170 - 225 g) 1	P8 P8	31/2 - 4	Pierce each potato with a fork 6 times spacing around surface. Place potato or potatoes around the edge of paper-towel- lined glass tray (Turntable), at least 1 inch (2.5 cm) apart. Do not cover. Let stand 5
2 To steam <b>Hand Towels</b> - 4		6 - 7 20 - 30 sec.	minutes to complete cooking. Soak in water, then wring out excess.
10 Steam many lowers - 4	FIO (HIGH)	20 - 30 560.	Place on a microwave safe dish. Heat. Present immediately.
To soften <b>Ice Cream</b> , ½ gallon (2 L)	P3 (MED-LOW)	1 - 11/2	Check often to prevent melting.
Cup of liquid To boil water, broth, etc. 1 cup, 8 oz. (250 ml) 2 cups, 16 oz. (500 ml)	P10 (HIGH)	11/2 - 2 21/2 - 3	Heated liquids can erupt if not stirred. Do not heat liquids in microwave oven
Cup of liquid To warm Beverage, 1 cup, 8 oz. (250 ml) 2 cups, 16 oz. (500 ml)	P7 (MED-HIGH)	11/2 - 2 21/2 - 3	without stirring before heating.
To roast <b>Nuts</b> , 1½ cups (375 ml)	P10 (HIGH)	3 - 4	Spread nuts into a 9-inch (23 cm) microwave safe pie plate. Stir occasionally.
To toast <b>Sesame Seeds</b> , <sup>1</sup> / <sub>4</sub> cup (60 ml)	P10 (HIGH)	2 - 21/2	Place in a small microwave safe bowl. Stir twice.
To skin <b>Tomatoes</b> , (one at a time)	P10 (HIGH)	30 sec.	Place tomato into a microwave safe bowl containing boiling water. Rinse and peel. Repeat for each tomato.
To remove <b>Cooking Odors</b> ,	P10 (HIGH)	5	Combine 1 to 1 <sup>1/2</sup> cups (250 - 375 ml) water with the juice and peel of one lemon in a 2 quart microwave safe bowl. After water finishes boiling, wipe interior of oven with a cloth.

# **Food Characteristics**

## Bone and Fat

Both bone and fat affect cooking. Bones may cause irregular cooking. Meat next to the tips of bones may overcook



while meat positioned under a large bone, such as a ham bone, may be undercooked. Large amounts of fat absorb microwave energy and the meat next to these areas may overcook.

## Density

Porous, airy foods such as breads, cakes or rolls take less time to cook than heavy, dense foods such as potatoes and roasts. When reheating donuts or other



foods with different centers be very careful. Certain foods have centers made with sugar, water, or fat and these centers attract microwaves (For example, jelly donuts). When a jelly donut is heated, the jelly can become extremely hot while the exterior remains warm to the touch. This could result in a burn if the food is not allowed to cool properly in the center.

### Quantity

Two potatoes take longer to cook than one potato. As the quantity of the food decreases so does the cooking time. Overcooking will cause the moisture content in the food to decrease and a fire could result. Never leave microwave unattended while in use.

## Shape

Uniform sizes heat more evenly. The thin end of a drumstick will cook more quickly than the meaty



end. To compensate for irregular shapes, place thin parts toward the center of the dish and thick pieces toward the edge.

### Size

Thin pieces cook more quickly than thick pieces.



## Starting Temperature

Foods that are at room temperature take less time to cook than if they are chilled, refrigerated, or frozen.



# **Cooking Techniques**

### Piercing

Foods with skins or membranes must be pierced scored or have a strip of skin peeled before cooking to allow steam to escape. Pierce clams,



oysters, chicken livers, whole potatoes and whole vegetables. Whole apples or new potatoes should have a 1-inch strip of skin peeled before cooking. Score sausages and frankfurters. Do not Cook/Reheat whole eggs with or without the shell. Steam build up in whole eggs may cause them to explode, and possibly damage the oven or cause injury. Reheating SLICED hard-boiled eggs and cooking SCRAMBLED eggs is safe.

## Browning

Foods will not have the same brown appearance as conventionally cooked foods or those foods which are cooked utilizing a browning feature. Meats and poultry



may be coated with browning sauce, Worcestershire sauce, barbecue sauce or shake-on browning sauce. To use, combine browning sauce with melted butter or margarine and brush on before cooking. For quick breads or muffins, brown sugar can be used in the recipe in place of granulated sugar, or the surface can be sprinkled with dark spices before baking.

## Spacing

Individual foods, such as baked potatoes, cupcakes and appetizers, will cook more evenly if placed in the oven equal distances apart. When



possible, arrange foods in a circular pattern.





# **Cooking Techniques**

## Covering

As with conventional cooking, moisture evaporates during microwave cooking. Casserole lids or plastic wrap are used for a tighter seal. When using plastic wrap, vent the plastic wrap by folding back part of the plastic wrap from the edge of the dish to allow steam to escape. Loosen or remove plastic wrap as recipe directs for stand time. When removing plastic wrap covers, as well as any glass lids, be careful to remove them away from you to avoid steam burns. Various degrees of moisture retention are also obtained by using wax paper or paper towels.

# Shielding

Thin areas of meat and poultry cook more quickly than meaty portions. To prevent overcooking, these thin areas can be shielded with strips of aluminum foil. Wooden toothpicks may be used to hold the foil in place.

**CAUTION** is to be exercised when using foil. Arcing can occur if foil is too close to oven wall or door and damage to your oven will result.

## **Cooking time**

A range of cooking time is given in each recipe. The time range compensates for the uncontrollable differences in food shapes, starting temperature, and regional preferences. Always cook food for the minimum cooking time given in a recipe and check for doneness. If the food is undercooked, continue cooking. It is easier to add time to an undercooked product. Once the food is overcooked, nothing can be done.

## Stirring

Stirring is usually necessary during microwave cooking. Always bring the cooked outside edges toward the center and the less cooked center portions toward the outside of the dish.

## Rearranging

Rearrange small items such as chicken pieces, shrimp, hamburger patties, or pork chops. Rearrange pieces from the edge to the center and pieces from the center to the edge of the dish.

## Turning

It is not possible to stir some foods to distribute the heat evenly. At times, microwave energy will concentrate in one area of the food. To help insure even cooking, these food need to be turned. Turn over large foods, such as roasts or turkeys, halfway through cooking.

### Stand Time

Most foods will continue to cook by conduction after the microwave oven is turned off. In meat cookery, the internal temperature will rise  $5^{\circ}F$  to  $15^{\circ}F$  ( $3^{\circ}C$  to  $8^{\circ}C$ ), if allowed to stand, tented with foil, for 10 to 15 minutes. Casseroles and vegetables need a shorter amount of standing time, but this standing time is necessary to allow foods to complete cooking to the center without overcooking on the edges.

## **Test for Doneness**

The same tests for doneness used in conventional cooking may be used for microwave cooking. Meat is done when fork-tender or splits at fibers. Chicken is done when juices are clear yellow and drumstick moves freely. Fish is done when it flakes and is opaque. Cake is done when a toothpick or cake tester is inserted and comes out clean.

## ABOUT FOOD SAFETY AND COOKING TEMPERATURE

Check foods to see that they are cooked to the United States Department of Agriculture's recommended temperatures.

TEMP	FOOD
160°F	for fresh pork, ground meat, boneless white poultry, fish, seafood, egg dishes and frozen prepared food.
165°F	for leftover, ready-to-reheat refrigerated, and deli and carryout "fresh" food.
170°F	white meat of poultry.
180°F	dark meat of poultry.
To test for a	oneness insert a meat ther-

To test for doneness, insert a meat thermometer in a thick or dense area away from fat or bone. NEVER leave the thermometer in the food during cooking, unless it is approved for microwave oven use.

# Care and Cleaning of Your Microwave Oven

Glass Trav:

a dishwasher.

Remove and wash in

warm soapy water or in

#### **BEFORE CLEANING:**

Unplug oven at wall outlet. If outlet is inaccessible, leave oven door open while cleaning.

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#### Menu Label / Warning Label:

Do not remove, wipe with a damp cloth.

#### Inside of the oven:

Wipe with a damp cloth after using. Mild detergent may be used if needed. Do not use harsh detergents or abrasives.

#### Oven Door:

Wipe with a soft drv cloth when steam accumulates inside or around the outside of the oven door. Duringcooking, especially under high humidity conditions, steam is given off from the food. (Some steam will condense on cooler surfaces, such as the oven door. This is normal.) Inside surface is covered with a heat and vapor barrier film. **Do** 

Clean the bottom surface of the oven with mild detergent water or window cleaner, and dry. Roller Ring may be washed in mild soapy water or dishwasher. These areas should be kept clean to avoid excessive noise.

Roller Ring and oven cavity floor:

Do not remove wave guide cover: It is important to keep cover clean in the same manner as the inside of the oven.

#### IT IS IMPORTANT TO KEEP THE OVEN CLEAN AND DRY. FOOD RESIDUE AND CONDENSATION MAY CAUSE RUSTING OR ARCING AND DAMAGE TO THE OVEN. AFTER USE, WIPE DRY ALL SURFACES-INCLUDING VENT OPENINGS, OVEN SEAMS, AND UNDER GLASS TRAY.

PART NUMBER

F00038M80AP F06014T01AP

F290D9330AP

#### PARTS DESCRIPTION

Instructions / Operating Manual (this book)

Glass Trav

not remove.

Roller Ring Assembly

#### Accessory Purchases

Purchase Parts, Accessories and Instruction Books online for all Panasonic Products by visiting our Web Site at: http://www.pstc.panasonic.com or, send your request by E-mail to: npcparts@us.panasonic.com You may also contact us directly at: 1-800-332-5368 (Phone) 1-800-237-9080 (Fax Only) (Monday-Friday 9 am to 8 pm, EST.) Panasonic Service and Technology Company 20421 84th Avenue South. Kent. WA 98032 (We Accept Visa, MasterCard, Discover Card, American Express, and Personal Checks)

For hearing or speech impaired TTY users, TTY: 1-866-605-1277

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#### AFTER CLEANING:

Be sure to place the Roller Ring and the Glass Tray in the proper position and press Stop/Reset Pad to clear the Display.

#### Outside oven surfaces:

Clean with a damp cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into ventilation openings.

#### **Control Panel:**

Covered with a removable protective film to prevent scratches during shipping. Small bubbles may appear under this film. (Hint - To remove film, apply masking or clear tape to an exposed corner and pull gently.)

If the Control Panel becomes wet, clean it with a soft dry cloth. Do not use harsh detergents or abrasives.



# These things are normal:

The oven causes interference with my TV.	Some radio and TV interference might occur when you cook with the microwave oven. This interference is similar to the interference caused by small appliances such as mixers, vacuums, blow dryers, etc. It does not indicate a problem with your oven.
Steam accumulates on the oven door and warm air comes from the oven vents.	During cooking, steam and warm air are given off from the food. Most of the steam and warm air are removed from the oven by the air which circulates in the oven cavity. However, some steam will condense on cooler surfaces such as the oven door. This is normal. After use, the oven should be wiped dry (see page 23).

PROBLEM		POSSIBLE CAUSE	REMEDY
Oven will not turn on.	*	The oven is not plugged in securely.	Remove plug from outlet, wait 10 seconds and re-insert.
		Circuit breaker or fuse is tripped or blown.	Reset circuit breaker or replace fuse.
		There is a problem with the outlet.	Plug another appliance into the outlet to check if it is working.
		The door is not closed completely.	Close the oven door securely.
		Start Pad was not pressed after programming.	Press <i>Start</i> Pad.
Oven will not start cooking.	-	Another program is already entered into the oven.	Press <i>Stop/Reset</i> Pad to cancel the previous program and enter new program.
		The program is not correct.	Program again according to the Operating Instructions.
		Stop/Reset Pad has been pressed accidentally.	Program oven again.
The Glass Tray wobbles.	*	The Glass Tray is not positioned properly on the Roller Ring or there is food under the Roller Ring.	Take out Glass Tray and Roller Ring. Wipe with a damp cloth and reset Roller Ring and Glass Tray properly.
When the oven is operating, there is noise coming from the glass tray.	-	The Roller Ring and oven bottom are dirty.	Clean these parts according to Care and Cleaning of your Microwave Oven (see page 23).
The word "Child" appears in the <i>Display Window</i> .	*	The CHILD LOCK was activated by pressing <b>Start</b> pad 3 times.	Deactivate LOCK by pressing <i>Stop/Reset</i> pad 3 times.
The oven stops cooking by microwave and "H97" or "H98" appears in the display window.	*	This displaying indicates a problem with the microwave generation system.	Please contact an authorised Service Center (see page 25).

# Limited Warranty & Customer Services Directory

PANASONIC CONSUMER ELECTRONICS COMPANY, DIVISION OF PANASONIC CORPORATION OF NORTH AMERICA One Panasonic Way Secaucus, New Jersey 07094 PANASONIC SALES COMPANY, DIVISION OF PANASONIC PUERTO RICO, INC. Ave. 65 de Infanteria, Km. 9.5 San Gabriel Industrial Park Carolina, Puerto Rico 00985

#### Panasonic Microwave Oven Product Limited Warranty

#### Limited Warranty Coverage

If your product does not work properly because of a defect in materials or workmanship, Panasonic Consumer Electronics Company or Panasonic Sales Company (collectively referred to as "the warrantor") will, for the length of the period indicated on the chart below, which starts with the date of original purchase ("warranty period"), at its option either (a) repair your product with new or refurbished parts, or (b) replace it with a new or a refurbished product. The decision to repair or replace will be made by the warrantor.

ALL PARTS (EXCEPT MAGNETRON TUBE) MAGNETRON TUBE PARTS 1 (ONE) YEAR 5 (FIVE) YEAR

LABOR AR 1 (ONE) YEAR AR 1 (ONE) YEAR Parts" warranty period

During the "Labor" warranty period there will be no charge for labor. During the "Parts" warranty period, there will be no charge for parts. You must carry-in or mail-in your product during the warranty period. This warranty only applies to products purchased and serviced in the United States or Puerto Rico. This warranty is extended only to the original purchaser of a new product which was not sold "as is". A purchase receipt or other proof of the original purchase date is required for warranty service.

#### Carry-In or Mail-In Service

For Carry-In or Mail-In Service in the United States call 1-800-211-PANA(7262) or visit Panasonic Web Site: http://www.panasonic.com

For assistance in Puerto Rico call Panasonic Sales Company (787)-750-4300 or fax (787)-768-2910. Limited Warranty Limits And Exclusions

Limited Warranty Limits And Exclusions This warranty ONLY COVERS failures due to defects in materials or workmanship, and DOES NOT COVER glass, plastic parts, temperature probes(if included) and normal wear and tear or cosmetic damage. The warranty ALSO DOES NOT COVER damages which occurred in shipment, or failures which are caused by products not supplied by the warrantor, or failures which result from accidents, misuse, abuse, neglect, bug infestation, mishandling, misapplication, alteration, faulty installation, set-up adjustments, misadjustment of consumer controls, improper maintenance, power line surge, lightning damage, modification, or commercial use (such as in a hotel, office, restaurant, or other business), rental use of the product, service by anyone other than a Factory Service center or other Authorized Servicer, or damage that is attributable to acts of God. **THERE ARE NO EXPRESS WARRANTIES EXCEPT AS LISTED UNDER "LIMITED WARRANTY COV-**

THERE ARE NO EXPRESS WARRANTIES EXCEPT AS LISTED UNDER "LIMITED WARRANTY COV-ERAGE". THE WARRANTOR IS NOT LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT, OR ARISING OUT OF ANY BREACH OF THIS WAR-RANTY. (As examples, this excludes damages for lost time, cost of having someone remove or re-install an installed unit if applicable, or travel to and from the servicer. The items listed are not exclusive, but are for illustration only.) ALL EXPRESS AND IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MER-CHANTABILITY, ARE LIMITED TO THE PERIOD OF THE LIMITED WARRANTY.

Some states do not allow the exclusion or limitation of incidental or consequential damages, or limitations on how long an implied warranty lasts, so the exclusions may not apply to you.

This warranty gives you specific legal rights and you may also have others rights which vary from state to state. If a problem with this product develops during or after the warranty period, you may contact your dealer or Service center. If the problem is not handled to your satisfaction, then write to the warrantor's Consumer Affairs Department at the addresses listed for the warrantor.

# PARTS AND SERVICE WHICH ARE NOT COVERED BY THIS LIMITED WARRANTY ARE YOUR RESPONSIBILITY.

#### **Customer Services Directory**

Obtain Product Information and Operating Assistance; locate your nearest Dealer or servicenter; purchase Parts and Accessories; or make Customer Service and Literature requests by visiting our Web Site at: <u>http://www.panasonic.com/consumersupport</u>

or, contact us via the web at: http://www.panasonic.com/contactinfo

You may also contact us directly at: 1-800-211-PANA(7262), Monday-Friday 9 am-9 pm; Saturday-Sunday 10 am-7 pm, EST.

For hearing or speech impaired TTY users, TTY: 1-877-833-8855

#### Service in Puerto Rico

Panasonic Puerto Rico, Inc. Ave. 65 de Infantería, Km. 9.5, San Gabriel Industrial Park, Carolina, Puerto Rico 00985 Phone (787)750-4300, Fax (787)768-2910

# QUICK GUIDE TO OPERATION

Feature		How to Operate	
To set <i>Clock</i>	Clock ->	0 Thru 9 🔶	Clock
( <b>•</b> page 10)	Press once.	Enter time of day.	Press once.
To set <b>Power and Time</b> (• page 11)	Power Level (10 Levels)	0 Thru 9 → Set cooking time.	Start Press.
To Use Child Safety Lock (• page 10)	To Set: Start Press 3 times	~	top/Reset ss 3 times.
To cook using <i>Popcorn</i>	Popcorn ->	More or Less	<ul> <li>Start</li> </ul>
( <b>•</b> page 12)	Select weight.	Optional.	Press.
To cook using <i>Quick Min</i> (•page 11)	Quick Min (up to 10 min.)	$\rightarrow$	Start Press.
To use <i>Keep Warm</i> ( <b>●</b> page 11)	Keep Warm → Press once. Set kee	0 Thru 9 → p warm time. (up to 30 min.)	Start Press.
To reheat using <i>Sensor Reheat</i> (•page 15)	Sensor Reheat Press once.	More or Less	<ul> <li>Start</li> <li>Press.</li> </ul>
To cook using Sensor Cook (• page 15)	Sensor Cook (1-9) Press to select food number	More or Less -> . Optional.	Start Press.
To defrost using Inverter Turbo Defrost (• page 13)	Inverter Turbo Defrost (Ib/kg) Press once.	0 Thru 9 → Set weight.	Start Press.
To use as a Kitchen Timer (• page 18)	Timer	0 Thru 9 → Set time.	Start Press.
To Set Stand Time (• page 18)		Timer $\rightarrow$ 0 Thru 9 $\rightarrow$ s once. Set time.	<ul> <li>Start</li> <li>Press.</li> </ul>
To Set Delay Start (☞page 18)	Timer → 0 Thru 9 Press once. Set time.	→ (Input up to 4-stage cooking programs.)→	<ul> <li>Start</li> <li>Press.</li> </ul>



# **Specifications**

	NN-H665	NN-SN667/SN676/SN677	
Power Source:	120 V, 60 Hz		
Power Consumption:	12.7 Amps, 1,480 W		
Cooking Power:*	1,300 W		
Outside Dimensions	11 <sup>7</sup> /8" x 20 <sup>3</sup> /8" x 15 <sup>7</sup> /8"	11 <sup>7</sup> /8" x 20 <sup>3</sup> /8" x 15 <sup>15</sup> /16"	
$(H \times W \times D)$ :	(301 mm x 518 mm x 402 mm)	(301 mm x 518 mm x 404 mm)	
Oven Cavity Dimensions	8 <sup>7</sup> / <sub>8</sub> " x 14 <sup>3</sup> / <sub>4</sub> " x 15 <sup>3</sup> / <sub>16</sub> "		
$(H \times W \times D)$ :	(225 mm x 375 mm x 386 mm)		
Operating Frequency:	2,450 MHz		
Net Weight:	Approx. 24 lbs. (11 kg)	Approx. 26 lbs. (11.8 kg)	

Trim Kit for NN-SN676/SN677 only:

Model Number:	NN-TK529SF (Stainless)
Outside Dimensions:	22" x 16½" (685 mm x 419 mm)
Cabinet Opening:	22 <sup>11</sup> / <sub>16</sub> " x 15 <sup>5</sup> / <sub>16</sub> " x 21" (576 mm x 389 mm x 533.4 mm)

\*IEC Test procedure

Specifications subject to change without notice.

# **User's Record**

The serial number of this product may be found on the back side of the oven. You	Model No.
should note the model number and the serial number of this oven in the space	Serial No
provided and retain this book as a per- manent record of your purchase for future reference.	Date of Purchase

Panasonic Consumer Electronics Company, Division of Panasonic Corporation of North America One Panasonic Way Secaucus, New Jersey 07094 Panasonic Sales Company, Division of Panasonic Puerto Rico, Inc. ("PSC") Ave. 65 de Infanteria, Km. 9.5 San Gabriel Industrial Park, Carolina, Puerto Rico 00985

Matsushita Electric Industrial Co., Ltd. Panasonic Home Appliances Microwave Oven (Shanghai) Co., Ltd. 898 Long Dong Road, Pu Dong, Shanghai, China 201203 Web Site: http://www.panasonic.co.jp/global



# Notes